

# Red Mountain Center Gym Schedule

7550 E Adobe Rd [www.redmountaincenter.com](http://www.redmountaincenter.com)

See reverse for Rules and Regulations

Effective July 8, 2017

HOURS SUBJECT TO CHANGE WITHOUT NOTICE



	Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
	West Court	East Court	West Court	East Court	West Court	East Court	West Court	East Court	West Court	East Court	West Court	East Court
5:30 AM	<b>Open Gym</b> 5:30-7:20a		<b>Open Gym</b> 5:30-10:00a		<b>Open Gym</b> 5:30-7:20a		<b>Open Gym</b> 5:30-10:00a		<b>Open Gym</b> 5:30-7:20a		<b>Open Gym</b> 8:00a-1:00p	
6:00 AM												
7:00 AM												
8:00 AM	<b>Closed for Group</b> Fitness Class 7:20-11:00a		<b>Closed</b> 8:00-10:00a	<b>Closed for Group</b> Fitness Class 7:20-11:00a		<b>Closed</b> 8:00-10:00a	<b>Closed for Group</b> Fitness Class 7:20-11:00a		<b>Closed for Group</b> Fitness Class 7:20-11:00a			
9:00 AM												
10:00 AM			<b>Closed for Group</b> Fitness Class 10:00a-12:30p			<b>Closed for Group</b> Fitness Class 10:00a-12:30p						
11:00 AM												
12:00 PM	<b>Pickleball</b> 1:30-3:30p				<b>Pickleball</b> 1:00-4:00p			<b>Pickleball</b> 1:30-3:30p		<b>Pickleball</b> 1:00-4:00p		<b>Pickleball</b> 1:30-3:30p
1:00 PM												
2:00 PM			<b>Open Gym</b> 12:00-9:00p				<b>Open Gym</b> 12:30-9:00p					
3:00 PM												
4:00 PM												
5:00 PM	<b>Open Gym</b> 12:00-9:00p		<b>Open Gym</b> 12:30-9:00p		<b>Open Gym</b> 12:00-9:00p		<b>Open Gym</b> 12:30-9:00p		<b>Open Gym</b> 12:00-9:00p			
6:00 PM												
7:00 PM												
8:00 PM	<b>Open Gym</b> 12:00-9:00p		<b>Open Gym</b> 12:30-9:00p		<b>Open Gym</b> 12:00-9:00p		<b>Open Gym</b> 12:30-9:00p		<b>Open Gym</b> 12:00-9:00p			
9:00 PM												



## **Gym Rules and Regulations**

Admission pass is required for gym activities.

Children under the age of 8 must have a parent in the facility.

NO full court games and NO 5-on-5 games.

NO food, drinks, or chewing gum allowed in gym (Water bottles only, no glass containers).

NO foul or abusive language.

NO dunking or hanging on basketball rims.

Appropriate clothing attire required at all times (shirt, shoes, etc).

Court shoes only, no hiking boots or street shoes.

Do NOT throw or hit anything to or from the second level. NO spitting in water fountains, on floors or walls.

Be considerate to other participants.

City of Mesa not responsible for lost or stolen items.

**Failure to follow these rules and regulations may result in the suspension of facility privileges**