

DRAMATIC PLAY TIPS

Post Office Edition

SET UP

Imaginative play allows children to develop social and emotional skills and learn empathy. Play activities like pretending they are visiting or working at the post office let your child step into someone else's shoes and explore their world.

- Save junk mail and scrap paper to use as play mail, and turn stickers into stamps for sending letters
- Turn empty boxes into sorting bins and mailboxes
- Use a tote bag or plastic grocery bag as a mail carrier's bag



READING

When you check the mail, point to the name of the sender and read where each letter came from together. See if your child can find letters from their name anywhere on each envelope!



WRITING

What better way to practice writing than by writing letters to loved ones? Using scrap paper, your child can write, scribble, or draw pictures to share with others.



TALKING

Let your child help you sort everything after checking the mail. Talk to them as you do about what types of mail came, pictures they see in advertisements, or anything else that comes to your child's mind as you sort.

SINGING

Lovely Letters in the Mail

to the tune of If You're Happy and You Know It

Optional: Use scrap paper to make letters from different people or types of animals and choose letters one by one after singing to see who they are from

*Oh, I got a lovely letter in the mail
Oh, I got a lovely letter in the mail
Getting mail is so much fun,
Let's see who sent me this one
Oh, I got a lovely letter in the mail*



PLAYING

Set up a pretend post office and play with your child. Guide their play by suggesting things to try or let them explore the space on their own and see where their imagination takes them!