



• **ALWAYS USE HAND SIGNALS**  
 To tell cars and other bicyclists what you intend to do.



**Left Turn:**  
 Left hand and arm extended straight out.



**Right Turn:**  
 Left hand and arm extended upward.



**Or New Right Turn:**  
 Right hand and arm extended straight out.



**Stopping or Slow Down:**  
 Left hand and arm extended down.



# Be a Safe Cyclist



Mesa Transportation  
 Driving Mesa's Future

P.O. Box 1466  
 300 E. 6th St.  
 Mesa, AZ 85211-1466

[transportation.info@mesaaz.gov](mailto:transportation.info@mesaaz.gov)

**480-644-2160**

**480-644-2262** (after hours)

Sign up for e-notifications on Mesa's  
 Bike & Pedestrian Program at  
[mesaaz.gov/bikeped](http://mesaaz.gov/bikeped).

Report potholes, graffiti, street light outages and more,  
 download the City's free mobile app. Search Mesa CityLink to  
 download from the App Store or Google Play.



Keeping Mesa streets safe **24/7**

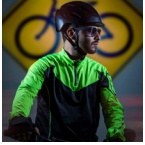


# BE A SAFE CYCLIST



- **PROTECT YOUR HEAD, WEAR A HELMET**

*Make sure it fits correctly and meets U.S. Consumer Product Safety Commission standards.*



- **STAND OUT, BEEN SEEN**

*Wear light-colored or reflective clothing.*



- **STAY ALERT, AVOID ROAD HAZARDS**

*Watch for potholes, cracks, railroad tracks, drainage grates, and obstacles in your path. Report hazards you see to the City of Mesa's Road Hazard Response on our app, Mesa CityLink!*



- **CHECK YOUR BIKE**

*Be sure your brakes work and tires are properly inflated.*



- **RIDE SINGLE FILE IN A STRAIGHT LINE WHEN RIDING ON THE ROAD**

*Arizona law allows bicyclists to ride two abreast as long as it doesn't impede traffic.*



- **ALWAYS OBEY TRAFFIC SIGNALS**

*Use hand signals when turning (See back panel for more information).*



- **LIGHT UP AFTER DARK**

*If riding after dark, bikes MUST be equipped with a lamp on the front that emits white light and a red reflector on the rear.*



- **RIDE WITH TRAFFIC**

*Bicyclists must ride on the right side of the road.*

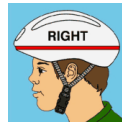


- **THE RIGHT HELMET FIT IS IMPORTANT**

*Make sure your bike helmet fits correctly and read the owner's manual. Buy a helmet to fit a child now, not a helmet to grow into. Helmets should fit snug and sit low on the forehead.*



*Should not rock side to side, one to two finger width above the eyebrow*



*Should not slip forward or backward, tighten chin straps snugly, side straps should form a V-shape around the ear.*



*For a better fit, use the included velcro foam pads inside the helmet.*

